24-Hour Crisis Intervention, Mental Health, Substance Use Disorder, Emergency Shelter & Supportive Services

24-HOUR CRISIS LINE

410-531-6677

988

FREE, 24-HOUR WALK IN

8990 Old Annapolis Road
Suite A
Columbia, MD 21045

www.grassrootscrisis.org

GRASSROOTS SERVICES

Crisis Intervention, Mental Health & Substance Use Disorder Urgent Care

410-531-6677
8990 Old Annapolis Road, Suite A
Columbia, MD 21045

- Access to *FREE, 24-HOUR*:
  - Crisis Line & 988 (phone, text & chat)
  - Walk-in counseling
  - Behavioral health urgent care
  - Substance use stabilization & support
  - Homeless services
  - Mobile Crisis Response
- Free Outpatient Mental Health Clinic (OMHC), including therapy & medication
- Peer Recovery Specialist services
- Suicide prevention, outreach & education
- 24-hour food & hygiene pantry

Emergency Shelter

410-531-6006
6700 Freetown Road
Columbia, MD 21044

- 33-bed family emergency shelter
- 18-bed individual emergency shelter
- Code Blue & 20-bed Cold Weather Shelters

Day Resource Center

301-776-9900
10390 Guilford Road, Suite A
Jessup, MD 20794

Full Services: Mon & Wed 2-6p, Sat 10a-2p

- Food & clothing pantries, hot meals, showers, laundry & connections to social services
- Homeless services

Case Management only: Mon. & Wed 9a-12p, Tues. 9a-1p, Thurs. 9a-2p

VISIT OUR WEBSITE

www.grassrootscrisis.org
We need your support! Learn about volunteer opportunities, news & donation needs.

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988 SUICIDE & CRISIS LIFELINE